

OMB APPROVAL	
OMB Number:	3235-0287
Estimated average burden hours per response:	0.5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>GAUT C CHRISTOPHER</u> (Last) (First) (Middle) 10344 SAM HOUSTON PARK DRIVE SUITE 300 (Street) HOUSTON TX 77064 (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>FORUM ENERGY TECHNOLOGIES, INC. [FET]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) Exec. COB
	3. Date of Earliest Transaction (Month/Day/Year) 02/18/2023	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	02/18/2023		M		16,542 ⁽¹⁾	A	\$0	313,409	D	
Common Stock	02/18/2023		M		16,542 ⁽¹⁾	D	\$31.7	296,867	D	
Common Stock	02/19/2023		F		8,873 ⁽²⁾	D	\$31.7	287,994	D	
Common Stock	02/19/2023		M		11,159 ⁽³⁾	A	\$0	299,153	D	
Common Stock	02/19/2023		M		11,159 ⁽³⁾	D	\$31.7	287,994	D	
Common Stock	02/21/2023		F		8,433 ⁽⁴⁾	D	\$31.78	279,561	D	
Common Stock								13,950 ⁽⁵⁾	I	See Footnote

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Phantom Stock Units	(1)	02/18/2023		M			16,542	(1)	(1)	Common Stock	16,542	\$0	16,543	D	
Phantom Stock Units	(3)	02/19/2023		M			11,159	(3)	(3)	Phantom Stock Units	11,159	\$0	11,158	D	

Explanation of Responses:

- Reflects the vesting and cash settlement of phantom stock units granted on February 18, 2022.
- These shares were surrendered to satisfy the tax obligation related to the vesting of a restricted stock unit award granted on February 19, 2021.
- Reflects the vesting and cash settlement of phantom stock units granted on February 19, 2021.
- These shares were surrendered to satisfy the tax obligation related to the vesting of a restricted stock unit award granted on February 21, 2020.
- These shares are held in a Uniform Transfers to Minors Act account where the reporting person and his spouse have joint ownership for the benefit of their grandchildren.

Remarks:

/s/ C. Christopher Gaut by John C. Ivascu as Attorney-in-Fact 02/22/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.